



ASEAN UNIVERSITY GAMES 2026

RUGBY RULES

1.0 TECHNICAL RULES

1.1 Laws of the Game

1.1.1 Apart from the rules contained herein, this tournament will be conducted according to the **International Rugby Laws (WR) “Seven-A-Side Variation 2025”** as enforced by **Malaysia Rugby (MR)**.

1.2 Matters Not Stated

1.2.1 Refer to **General Regulations AUG 2026**.

1.3 Eligibility

1.3.1 Refer to **Article 1.0 of the General Regulations AUG 2026**.

2.0 COMPETITION RULES

2.1.0 Categories Contested

2.1.1 Men & Women

2.2 Registration and Team Formation

2.2.1 Each institution is allowed to submit **only one (1) team** to represent it. Each team registration must consist of **14 players, 4 officials, and 1 medical officer only**.

2.2.2 For each match, each team must register **12 players** (7 starting players and 5 substitutes) **no later than 15 minutes before the scheduled start of the match**.

2.2.3 All matches will start at the time set by the **Organizing Committee**. Each team must have **at least five (5) players** to start the match. If not, the team is considered to have **conceded a walkover** to the opposing team with a score of **4 tries, i.e., 28 – 0**.

2.2.4 The number of players and officials is as follows:

CATEGORIES	PLAYER	OFFICER	MEDICAL OFFICER	TOTAL
Rugby 7's Men	14	4	1	19
Rugby 7's Women	14	4	1	19

2.3 Honorary Referee / Chief Referee / Referee

2.3.1 Refer to **Article 8 of the General Regulations AUG 2026.**

2.4 Competition System

2.4.1 Refer to **Article 7 of the General Regulations AUG 2026.**

2.4.2 Preliminary Stage

Tournament Format and Knockout Qualification

a) Preliminary Stage

The Preliminary Stage shall be conducted using a round-robin format, whereby each team plays all other teams within its respective group or section.

2.4.3 Knockout Stage

b) Knockout Stage – Fewer Than Six (6) Teams

Where a competition section consists of fewer than six (6) teams, the Knockout Stage shall be organised as follows:

Semi-Final 1: Team ranked 1st vs Team ranked 4th
Semi-Final 2: Team ranked 2nd vs Team ranked 3rd

c) Knockout Stage – Fewer Than Three (3) Teams

Where a competition section consists of fewer than three (3) teams, the Knockout Stage shall be organised as follows:

Phase 1: A round robin league system shall be played in which the teams shall play against each other in a single group league to decide the ranking of the teams.

Match 1: A vs B
Match 2: Loser of Match 1 vs C
Match 3: C vs Winner of Match 1

Phase 2: The team rank 1st will advance to the gold medal match. The teams ranked 2nd & 3rd will play in a semi-final match with the winner advancing to the gold medal match.

Match 4: 2nd Ranked Team vs 3rd Ranked Team
Match 5 (Final): 1st Ranked Team vs Winner of Match 4

d) Knockout Stage – Six (6) Teams or More

Where a competition section consists of six (6) teams or more and is divided into two groups, the Knockout Stage shall be organised as follows:

Semi-Final 1: 1st place, Group A vs 2nd place, Group B

Semi-Final 2: 1st place, Group B vs 2nd place, Group A

e) Final and Third Place Play-Off

The winners of the Semi-Final matches shall qualify to contest the Final to determine the Champion and Runner-Up.

The losing Semi-Final teams shall contest a Third Place Play-Off to determine third and fourth placing.

The preliminary stage will be conducted in a **single round-robin league format** within each group.

2.5 How Match Results Are Determined

2.5.1 Points for match results will be awarded as follows:

- **Win** – 3 points
- **Draw** – 1 point
- **Loss** – 0 points

2.5.2 If two or more teams in a group have the same number of points, the winner will be determined according to the following system, in order of priority:

2.5.2.1 Higher score difference

2.5.2.2 Higher total score

2.5.2.3 Higher try difference

2.5.2.4 Most total tries

2.5.2.5 Determination by a “**best of three**” coin toss

2.6 Determining the Winner in Knockout Matches and Final Matches (All Categories)

2.6.1 If a match ends in a draw after full time, the following will determine the winner:

2.6.1.1 Extra time: Five (5) minutes per half (One Half) in **sudden death**; the first team to score is declared the winner.

2.6.1.2 22-meter goal kicks: In sudden death, both teams will alternate kicks until a winner is determined.

2.6.1.3 Only players **on the field at the end of the match** are allowed to take penalty kicks.

2.7 Match Duration

2.7.1 Seven (7) minutes per half, with a two (2) minute allowance for **changing sides**.

2.8 Substitutions

2.8.1 Up to **five (5) player substitutions** may be made at any time during the match, including extra time.

2.8.2 Substitutions are **not allowed** if a player has been sent off by the referee.

2.8.3 Substitutions are **not allowed** during sudden death penalty kicks.

2.8.4 If a team has used all five (5) substitutions and a “**Blood Bin**” occurs during the remainder of the match, the removed player is allowed to return to play for a period determined by the referee’s approval.

2.9 Suspensions

2.9.1 A player who is sent off for committing **two (2) cautionable offenses** (2 yellow cards, equivalent to 1 red card) in the same match will **automatically be suspended for the next match**, until the Disciplinary Committee makes a decision.

2.9.2 A player who is sent off for a **straight red card** or for serious foul play will be **immediately suspended from the tournament**. The referee’s report will be submitted to the ASEAN University Games Secretariat Disciplinary Board for further action.

2.10 Interpretation

2.10.1 Any matter not stated in these rules will be referred to the **Chief Technical Delegate** or their representative. Decisions made are **final and cannot be disputed**.

3. CLOTHING AND EQUIPMENT

3.1 Refer to **Articles 7 and 8 of the General Regulations AUG 2026**.

3.2 Each team is required to bring **two (2) sets of jerseys** in different colour with clearly visible numbers.

3.3 If there is a **colour clash** between the two teams’ jerseys, the team designated as the **visitor (Team B)** in the match schedule is required to **change their jersey**.

4. PRIZES

4.1 Refer to **Article 16 of the General Regulations AUG 2026.**

4.2 Total medals offered:

EVENT / CATEGORIES	GOLD		SILVER		BRONZE	
	Offered	Total	Offered	Total	Offered	Total
Men	1	14	1	14	1	14
Women	1	14	1	14	1	14
Total	2	28	2	28	2	28