



ASEAN UNIVERSITY GAMES 2026

ATHLETICS RULES

1 TECHNICAL REGULATIONS

- 1.1 The AUG Athletics competition will be organised in accordance with:
- 1.1.1 The AUG General Rules & Regulations.
 - 1.1.2 The current technical regulations of the World Athletics (WA).
- 1.2 The competition will consist of the following 44 events:

Events	Men's Tournament	Women's Tournament
Sprint	100m, 200m, 400m	100m, 200m, 400m
Middle Distance	800m, 1500m	800m, 1500m
Long Distance	3000m Steeplechase, 5000m, 10000m	3000m Steeplechase, 5000m, 10000m
Hurdles	110m, 400m	100m, 400m
Relays	4 x 100m, 4 x 400m, Mixed 4x	4 x 100m, 4 x 400m
	4x100m, 4 x 400m	
Jumps	High, Long, Triple, Pole Vault	High, Long, Triple, Pole Vault
Throws	Discus, Javelin, Shot Put, Hammer	Discus, Javelin, Shot Put, Hammer
Race Walking	20km	10km

- 1.3 Each country is authorised to enter:
- 1.3.1 Men's Tournament: A maximum of 34 men competitors and 5 team officials. Number of team officials shall not exceed number of competitors.
 - 1.3.2 Women's Tournament: A maximum of 34 women competitors and 5 team officials. Number of team officials shall not exceed number of competitors.
 - 1.3.3 Individual Events: Maximum of 2 competitors per event (no reserve).
 - 1.3.4 Relay Events: Maximum of 1 team per event (2 reserves for each relay team)
 - 1.3.5 Each competitor may take part in a maximum of 3 Individual Events and unlimited number of Relay Events.
 - 1.3.6 For the avoidance of doubt, the mixed relay events will follow presiding IAFF rules at the point of the Games.

2 COMPETITION REGULATIONS

- 2.1 Final Confirmation

- 2.1.1 Team Managers or their representatives must submit the final confirmation of entries of each event to the Technical Information Centre (TIC) by 10am on the day before the event.
- 2.1.2 The final confirmation of members of the relay teams and their order will be accepted at the TIC no later than one hour before the start of the event.
- 2.2 Entry to Call Room
Athletes' control will be carried out in the call room. Team officials will not be permitted to enter the call room.
- 2.3 Athletes Reporting Times
- 2.3.1 Athletes must report to call room no later than the following time period prior to the scheduled start time of their events:
- | | |
|----------------------------------|------------|
| Track Events: | 30 minutes |
| Field Events, except Pole Vault: | 45 minutes |
| Pole Vault: | 60 minutes |
- 2.3.2 The call room officials will check the athletes' accreditation cards, uniform and shoes. In accordance with the WA Rule 142, athletes who do not report on time to call room without a valid reason (eg. without a medical certificate) will be excluded from the event in question and from any other event for which they have entered.
- 2.4 Entering the Competition Area
Athletes will be conducted to the competition area by the call room judges. The following time period will be allocated for the final warm-up before competition:
- | | |
|--|------------|
| Track Events, except hurdles and relays: | 10 minutes |
| Hurdles and relays: | 15 minutes |
| Pole Vault: | 50 minutes |
| Other events: | 35 minutes |
- 2.5 Starter's Commands
The Starter's Commands will be in English. For events up to and including 400m, the commands will be: "on your marks", "set" and when all the competitors are "set", the starting pistol will be fired. For track events longer than 400m, the commands will be "on your marks" and after all runners keep stable, the starting pistol will be fired.
- 2.6 Post-Event Control
Baskets, containing athletes' personal belongings, will be delivered to the athlete at post event control. Athlete's accreditation cards will be returned to them at this point. Athletes who have placed first, second and third will be accompanied to the Victory Ceremony.

2.7 Leaving the Competition Area

Athletes will be conducted from the competition area through the mixed zone to post-event control. Athletes, competing in field events, who have reached the qualifying standard in the qualifying round, may leave the competition area accompanied by the judge. Athletes, who do not qualify for the top 8 spots, after 3 attempts, may leave the competition area accompanied by the judge. In the final of high jump and pole vault, athletes, who have been eliminated, may leave the competition area immediately, provided they are accompanied by the judge. Athletes who place first, second and third will leave the competition area together at the end of the event to attend the Victory Ceremony.

2.8 Technical Information Distribution

Start lists and results will be displayed on the notice board outside the Technical Information Centre (TIC) and at the warm-up sites. Each delegation will also have a pigeon-hole (mail slot) where they will receive copies of start lists, results and other information about the athletics competition. These pigeon-holes will be located at the TIC in the stadium.

2.9 Competitor Numbers

Each athlete will be supplied with total of 4 number bibs. Numbers shall be displayed in the following manner: 2 on the uniform, 1 on the track suit, and 1 on the bag. In competition, all competitors must display the bib numbers on their chest and back, except in high jump and pole vault events, where a single number must be worn on either the chest or the back. All athletes must fix one number on their track suit and another one on the bag that will be taken with them into the stadium. Athletes taking part in pole vault events must display one number on the covers of their poles. The athletes in track events will be given two adhesive bib numbers before entering the track, which must be fixed to both sides of their shorts or legs. In accordance with WA Rules, the numbers must not be cut, folded or obscured in any way. Athletes who violate the rule will be excluded from the event.

2.10 Team attire and shoes

All participants must wear the official uniform permitted for the competition by their delegation. In order to avoid any problem, each team must present their team's complete set of uniforms to the TIC to be photographed. Only the officially photographed uniforms will be approved for use in the competition. The same rule applies to the uniform worn in the award ceremony. Furthermore, athletes may not use a brand of shoes other than those shoes previously declared on the final entry forms. Athletes will be approved to wear clothing with manufactures' identification that is in accordance with the WA Rules.

2.11 Track Events

The rounds of competition will be arranged in accordance with WA Rules 166 according to the number of participants. Team Mangers will be informed of the programme of all track events no later than 12 hours prior to the start time of each event.

2.12 Field Events

If the number of athletes who have reached the qualifying standard is less than 12, athletes who have not reached the qualifying standards will be added to bring the number to twelve 12. And if it is over 12, all athletes who have reached the qualifying standards will be allowed to enter into the final. The starting heights and the successive heights of the bars for the high jump and pole vault events will be decided by organisers and will be announced at the General Technical Briefing.

3 SUMMARIES OF ENTRIES

Athletics		Maximum Number of Participants Per Country
Men's Tournament	Competitors	34
	Team Officials*	5
	International Technical Official	0
Women's Tournament	Competitors	34
	Team Officials*	5
	International Technical Official	0

**Number of team officials shall not exceed number of competitors.*

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