



ASEAN UNIVERSITY GAMES 2026

RUGBY SEVEN RULES

1 TECHNICAL REGULATIONS

- 1.1 The AUG Rugby Seven competition will be organised in accordance with:
 - 1.1.1 The AUG General Rules & Regulations.
 - 1.1.2 The current technical regulations of the World Rugby (WR).
- 1.2 The competition will consist of the following:
 - 1.2.1 Men's Tournament
 - 1.2.2 Women's Tournament
- 1.3 Each country is authorised to enter:
 - 1.3.1 1 Men's Team: Maximum of 12 players and 3 team officials.
 - 1.3.2 1 Women's Team: Maximum of 12 players and 3 team officials.
- 1.4 Each country participating in the respective rugby seven tournaments must bring with them the following number of International Technical Official (ITO):
 - 1.4.1 Men's Tournament: 1 International WR umpire.
 - 1.4.2 Women's Tournament: 1 International WR umpire.

2 COMPETITION REGULATIONS

- 2.1 Competition Format - with 5 teams or less teams
 - 2.1.1 Phase 1: A round robin league system shall be played in which the teams shall play against each other in a single group league to decide the ranking of the team.
 - 2.1.2 Phase 2: The teams ranked 1st & 2nd will play the gold medal match and the teams ranked 3rd & 4th will play the bronze medal match.
- 2.2 Competition Format - with 6 or more teams
 - 2.2.1 The competition will be divided into 2 groups, Group A & Group B, in which the winner in the previous AUG rugby seven competition shall be seeded in Group A and the silver medal team in Group B.
 - 2.2.2 The host shall have the privilege in choosing the group and also the position in the group they wish to be in when the draw is made.
 - 2.2.3 Phase 1: A round robin league system shall be played within the 2 groups in which the teams shall play against each other. The top 2 ranked teams of each group will advance to the semi-

finals, and the rest of the teams will play in the classification matches, if applicable.

2.2.4 Phase 2: Semi-Finals: 1A vs 2B and 2A vs 1B.

Finals: Semi-Finals winners will play the gold medal match and Semi-Finals losers will play the bronze medal match.

2.2.5 If there are 7 and less teams in the tournament, classification matches will be scheduled to determine 5th, 6th and 7th positions. This is to ensure that all teams get to play at least 3 matches in the tournament.

2.3 Ranking of Teams in Phase 1 (Round Robin League Phase)

2.3.1 The following league points system will apply:

Win	3 points
Draw	1 point
Loss	0 point

2.3.2 The ranking within the group is determined by the greater number of league points obtained in all group matches.

2.3.3 If two (2) or more teams ended the phase 1 competition with a tie in league points, the following tie-breaking mechanism shall apply:

2.3.3.1 The team that has the largest positive difference between point scored and points conceded, if the sides are still tied;

2.3.3.2 The team has scored the greater number of tries, if sides are still tied;

2.3.3.3 The team that has scored the greater number of converted tries;

2.3.3.4 If the team are still tied, the winner will be decided by the toss of coin.

2.4 Extra Time and Penalty Drop Kick

2.4.1 If there is no decisive result at the end of the full time for the 'play off' matches including; Semi-Finals, the bronze medal match and Final match, the following will take place:

2.4.1.1 Extra time will consist of five (5) minutes two (2) half period.

2.4.1.2 If there is no result after the extra time ends, penalty drop kick from the 22 metres will take place based on 'sudden death' basis. The team that scored the most points shall be declared as winner.

2.5 Cautioned or Dismissed from the Pitch (Yellow and Red Card)

2.5.1 A player or official who receives 2 cautions (yellow cards) during the competition shall automatically be suspended for the next match following the match in which he/she received the second caution.

- 2.5.2 Single yellow card received at the end of Phase 1 will not be carried forward to Phase 2 of the competition.
 - 2.5.3 A player or official who is sent off (red card) during the competition shall automatically be suspended for the next match following the match in which he/she was sent off, unless otherwise determined by the Disciplinary Committee.
 - 2.5.4 A suspended player or official shall not be allowed on the substitution bench and technical area.
 - 2.5.5 Each Team shall bear the responsibility of monitoring the cautions and/or suspensions received by its players and officials and to ensure that all players registered and/or fielded during the competition are eligible to play.
- 2.6 Match Attire and Jersey Numbers
- 2.6.1 The attire and numbers on the jersey of the players must comply with WR standard. Throughout the competition, the names and numbers of the players must remain the same as declared on the official list. The number on the players' jersey shall be confirmed at the General Technical Meeting (GTM) by representatives of each team before the start of the tournament.
 - 2.6.2 Each team shall be in possession of two (2) complete sets of outfits with different colours for shirts, shorts and socks, which should be declared on the entry form and confirmed at the GTM.

3 SUMMARIES OF ENTRIES

Rugby Seven	Maximum Number of Participants Per Country
Men's Competitor	12
International Technical Official	1
Women's Competitor	12
International Technical Official	1
Team Official*	6

**Number of team officials shall not exceed number of competitors.*

END