



ASEAN UNIVERSITY GAMES 2026

SEPAK TAKRAW RULES

1 TECHNICAL REGULATIONS

- 1.1 The AUG Sepak Takraw competition will be organised in accordance with:
 - 1.1.1 The AUG General Rules & Regulations.
 - 1.1.2 The current technical regulations of the International Sepak Takraw Federation (ISTAF).
- 1.2 The competition will consist of the following 4 events:
 - 1.2.1 Individual Events
 - A Men Regu
 - B Men Doubles
 - C Men Quadrant
 - 1.2.2 Team Events
 - A Men's Team (3 regus)
- 1.3 Each country is authorised to enter:
 - 1.3.1 A maximum of 15 men competitors, and 5 team officials. Number of team officials shall not exceed number of competitors.
 - 1.3.2 Individual Events: Maximum of 2 entries per event. Each competitor may compete in a maximum of 2 individual events. A regu entry will have 3 players and a maximum of 2 reserves. A doubles entry will have 2 players and a maximum of 1 reserve. A quadrant entry will have 4 players and a maximum of 2 reserves.
 - 1.3.3 Team Events: 1 team per event (maximum of 12 competitors and minimum of 9 competitors per team).
 - 1.3.3.1 In any match, each team is to confirm the 9 players for the 3 regus (3 players per regu) and may nominate a maximum of 3 reserve players for the match.
 - 1.3.3.2 A maximum of 2 substitutions may be made at the same time in any regu, provided the team still has 2 or more reserved players not used.
 - 1.3.3.3 No player may play in more than 1 regu.
 - 1.3.4 In each regu (for both Individual and Team Events), 2 substitutions may be permitted in each set. The player who has been substituted earlier shall be allowed to re-enter the same set.

- 1.4 Each country participating in the respective sepak takraw events must bring with them the following number of International Technical Official (ITO):
- 1.4.1 Men's Individual and Team Events: 1 international ISTAF referee

2 COMPETITION REGULATIONS

- 2.1 Individual Events Competition Format – with 5 or less entries
- 2.1.1 Phase 1: A round robin league system shall be played in which the entries shall play against each other in a single group league to decide the ranking of the entries.
- 2.1.2 Phase 2: The entries ranked 1st & 2nd will play the gold medal match and the entries ranked 3rd & 4th will play the bronze medal match.
- 2.2 Individual Events Competition Format – with 6 to 11 entries
- 2.2.1 The competition will be divided into 2 groups, Group A & Group B, in which the winner in the previous AUG sepak takraw competition shall be seeded in Group A and the silver medal winner in Group B.
- 2.2.2 The host shall have the privilege in choosing the group and also the position in the group they wish to be in when the draw is made.
- 2.2.3 Care shall be taken to prevent placing the entries from the same country into the same group.
- 2.2.4 Phase 1: A round robin league system shall be played within the 2 groups in which the entries shall play against each other. The top 2 ranked entries of each group will advance to the semi-finals, and the rest of the entries will play in the classification matches, if applicable.
- 2.2.5 Phase 2: Semi-Finals: 1A vs 2B and 2A vs 1B.
Finals: Semi-Finals winners will play the gold medal match and Semi-Finals losers will play the bronze medal match.
- 2.2.6 If there are 7 and less entries in the tournament, classification matches will be scheduled to determine 5th, 6th and 7th positions. This is to ensure that all entries get to play at least 3 matches in the tournament.
- 2.3 Individual Events Competition Format – with 12 and more entries
- 2.3.1 The competition will be divided into 4 groups, Group A, B, C and D in which the gold medal winner in the previous AUG sepak takraw competition shall be seeded in Group A, the silver medal winner in Group B, the bronze medal winner in Group C and the 4th placed winner in Group D.

- 2.3.2 The host shall have the privilege in choosing the group and also the position in the group they wish to be in when the draw is made.
- 2.3.3 Care shall be taken to prevent placing the entries from the same country into the same group.
- 2.3.4 Phase 1: A round robin league system shall be played within the 4 groups in which the entries shall play against each other. The top 2 ranked entries of each group will advance to the quarterfinals and the rest of the entries will play in the classification matches, if applicable.
- 2.3.5 Phase 2: Quarter Finals: 1A vs 2D (QF1), 1B vs 2C (QF2), 1C vs 2B (QF3), 1D vs 2A (QF4).
Semi-Finals: Winner QF1 vs Winner QF3, Winner QF2 vs Winner QF4.
Finals: Semi-Finals winners will play the gold medal match and Semi-Finals losers will play the bronze medal match.
- 2.3.6 Classification matches will be scheduled to ensure that all entries get to play at least 3 matches in the tournament.
- 2.4 Team Events Competition Format – with 5 or less teams
 - 2.4.1 Phase 1: A round robin league system shall be played in which the teams shall play against each other in a single group league to decide the ranking of the entries.
 - 2.4.2 Phase 2: The teams ranked 1st & 2nd will play the gold medal match and the teams ranked 3rd & 4th will play the bronze medal match.
- 2.5 Team Events Competition Format – with 6 or more teams
 - 2.5.1 The competition will be divided into 2 groups, Group A & Group B, in which the winner in the previous AUG sepak takraw competition shall be seeded in Group A and the silver medal team in Group B.
 - 2.5.2 The host shall have the privilege in choosing the group and also the position in the group they wish to be in when the draw is made.
 - 2.5.3 Phase 1: A round robin league system shall be played within the 2 groups in which the teams shall play against each other. The top 2 ranked teams of each group will advance to the semi-finals, and the rest of the teams will play in the classification matches, if applicable.
 - 2.5.4 Phase 2: Semi-Finals: 1A vs 2B and 2A vs 1B.
Finals: Semi-Finals winners will play the gold medal match and Semi-Finals losers will play the bronze medal match.

2.5.5 If there are 7 and less teams in the tournament, classification matches will be scheduled to determine 5th, 6th and 7th positions. This is to ensure that all teams get to play at least 3 matches in the tournament.

2.6 Ranking of Entries/Teams in Phase 1 (Round Robin League Phase)

2.6.1 The following league points system will apply:

Win	2 points
Loss	0 point

2.6.2 The ranking within the group is determined by the greater number of league points obtained in all group matches.

2.6.3 If 2 entries/teams ended phase 1 competition with a tie in league points, the winner of the match between these 2 entries/teams will be awarded the higher placing.

2.6.4 If 3 or more entries/teams ended phase 1 competition with a tie in league points, the following tie-breaking mechanism shall apply:

- a. The match difference using results from matches only among the tied entries/teams.
- b. The set difference using results from matches only among the tied entries/teams.
- c. The point difference using results from matches only among the tied entries/teams.
- d. The match difference using results from all matches.
- e. The set difference using results from all matches.
- f. The point difference using results from all matches.

2.7 Match Attire

2.7.1 The attire of participants must comply with ISTAF standard.

2.7.2 A team shall have a minimum of two sets of jerseys of different colour. If both teams are wearing the same colour jerseys, then the home team shall change. When the match is played in a neutral venue, the team listed first on the match program shall make the change.

2.7.3 All jersey shall be numbered on both the front and back. A player shall be assigned only one number from 1 to 36 throughout a tournament.

3 SUMMARIES OF ENTRIES

Sepak Takraw	Maximum Number of Participants Per Country
Men Competitor	15
Team Official*	5
International Technical Official	1

**Number of team officials shall not exceed number of competitors.*

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