



ASEAN UNIVERSITY GAMES 2026

PENCAK SILAT RULES

1 TECHNICAL REGULATIONS

- 1.1 The AUG Pencak Silat competition will be organised in accordance with:
- 1.1.1 The AUG General Rules & Regulations.
 - 1.1.2 The current technical regulations of the PERSILAT

- 1.2 The competition will consist of the following 24 events:

Event	Men	Women
Seni	Tunggal (Singles)	Tunggal (Singles)
	Ganda (Doubles)	Ganda (Doubles)
	Regu (Team)	Regu (Team)
Tanding	Class A (45kg up to 50kg)	Class A (45kg up to 50kg)
	Class B (+50kg up to 55kg)	Class B (+50kg up to 55kg)
	Class C (+55kg up to 60kg)	Class C (+55kg up to 60kg)
	Class D (+60kg up to 65kg)	Class D (+60kg up to 65kg)
	Class E (+65kg up to 70kg)	Class E (+65kg up to 70kg)
	Class F (+70kg up to 75kg)	Class F (+70kg up to 75kg)
	Class G (+75kg up to 80kg)	
	Class H (+80kg up to 85kg)	
	Class I (+85kg up to 90kg)	
	Class J (+90kg up to 95kg)	

- 1.3 Each country is authorised to enter:
- 1.3.1 A maximum of 17 men competitors, 13 women competitors and 5 team officials. Number of team officials shall not exceed number of competitors.
 - 1.3.2 A maximum of 1 entry per event.
- 1.4 Countries must confirm and submit their list of competitors at the General Technical Briefing.
- 1.5 Each country participating in the Pencak Silat events must bring with them the following number of International Technical Official (ITO):
- 1.5.1 2 international PERSILAT referees
- 1.6 If the country is only sending 4 or less competitors, the country will only be required to bring 1 international PERSILAT referees.

2 COMPETITION REGULATIONS

2.1 Duration of Contest

The duration of the contest of each category will be described in the competition rules of PERSILAT.

2.1.1 Tanding

- A. A match is carried out in 3 rounds. Each round will be exactly 2 minutes. Between each round is a 1-minute rest.
- B. Moments when the referee stops the match is not included in the match time.
- C. The counting towards a Persilat who is knocked-downed due to a valid attack is not included in the match time.

2.1.2 Tunggal, Ganda and Regu

- A. The maximum duration of the performance is 3 minutes.

2.2 Competition Format - with 3 competitors

2.2.1 Phase 1: A round robin league system shall be played in which the competitors shall fight each other in a single group league to decide the ranking of the competitors.

2.2.2 Phase 2: The competitor ranked 1st will advance to the gold medal match. The competitors ranked 2nd & 3rd will fight in a semi-final match with the winner advancing to the gold medal match.

2.3 Competition Format – with 4 or more competitors

2.3.1 The competition will be conducted in the elimination tournament system according to the PERSILAT rules.

2.3.2 The semi-final winners will compete for the Gold Medal.

2.3.3 Losers of semi-finals shall compete in bronze medal match with only the eventual winner being awarded the bronze medal.

2.4 Weigh-In

2.4.1 Weigh-in will be carried out on the morning of competition, before the start of the first match, only for those scheduled to fight on the same day. Athletes will be lined up according to the day schedule outside the weigh in room.

2.4.2 During weigh-in, athletes must wear a standard Pencak Silat uniform without a sash, groin guard or any other guards.

2.4.3 Athletes will be given a choice to strip down completely before proceeding with the weight-in. Towels will be provided to assist

the athletes. Separate rooms need to be provided to conduct weighing-in.

- 2.4.4 Athletes who chose to weigh in wearing uniform and realised they do not make the weight, will be disqualified. They could not request to strip and weigh-in again.
- 2.4.5 There will be no weight tolerance.
- 2.4.6 The weigh-in is only carried out once and must be witnessed by officials from both teams and an official on duty.
- 2.4.7 The weigh-in of officials is appointed by the Organising Committee and will be on duty according to the gender of the athletes.
- 2.4.8 Athlete from Blue Corner will be called for weigh-in first, followed by athlete from the Red Corner.

2.5 Certification of Medical Check-up

- 2.5.1 All competitors should produce a certified medical certificate, i.e. a letter to prove good health issued by authorised doctor or hospital/clinic, 1 month maximum before the first of competition regardless of competition category.
- 2.5.2 Competitors who failed to show the medical certification before weighing-in will be disqualified from the competition.
- 2.5.3 Organizing committee may recommend certain doctor/hospital in the hosting country/city where cost is borne by the team of competitors.

2.6 Competition Recording

- 2.6.1 The contents of competition should be recorded by the competition recorder when competition starts and should be signed by the director of competition recording at the moment competition is closed. And the competition recording is closed when it is carried to the one who is in charge of the competition procedure.
- 2.6.2 After the closing of competition, the dossier will be copied and distributed if necessary and it will be kept according to the order of competition.

2.7 Match Attire

The attire of participants must comply with PERSILAT standard.

2.8 Equipment

The AUG Organising Committee will provide all the equipment for competition, training, and warm-up. Athletes will be permitted to use their personal implements upon approval.

2.9 Medals Awarded

Each country can only achieve a maximum of 2 medals per event.

3 SUMMARIES OF ENTRIES

Pencak Silat	Maximum Number of Participants Per Country
Men Competitor	16
Women Competitor	12
Team Official*	5
International Technical Official	2

**Number of team officials shall not exceed number of competitors.*

END

Pencak Silat