



# ASEAN UNIVERSITY GAMES 2026

## TAEKWONDO RULES

### 1 TECHNICAL REGULATIONS

- 1.1 The AUG Taekwondo competition will be organised in accordance with:
- 1.1.1 The AUG General Rules & Regulations.
  - 1.1.2 The current regulations of World Taekwondo (WT).

- 1.2 The competition will consist of the following 21 events:

| Men                    | Women                  | Mixed        |
|------------------------|------------------------|--------------|
| Poomsae Individual     | Poomsae Individual     |              |
| Poomsae Team           | Poomsae Team           | Poomsae Pair |
| Kyorugi Under 54kg     | Kyorugi Under 46kg     |              |
| Kyorugi Under 58kg     | Kyorugi Under 49kg     |              |
| Kyorugi Under 63kg     | Kyorugi Under 53kg     |              |
| Kyorugi Under 68kg     | Kyorugi Under 57kg     |              |
| Kyorugi Under 74kg     | Kyorugi Under 62kg     |              |
| Kyorugi Under 80kg     | Kyorugi Under 67kg     |              |
| Kyorugi Under 87kg     | Kyorugi Under 73kg     |              |
| Kyorugi 87kg and above | Kyorugi 73kg and above |              |

- 1.3 Each country is authorised to enter:
- 1.3.1 A maximum of 14 men competitors, 14 women competitors and 5 team officials. Number of team officials shall not exceed number of competitors.
  - 1.3.2 A maximum of 1 entry per event except for Poomsae Individual and Poomsae Pair where country may send 2 entries.
  - 1.3.3 Each Poomsae Team shall consist of 3 athletes.
  - 1.3.4 Each Poomsae Pair shall consist of 1 male and 1 female athlete.
- 1.4 Countries must confirm and submit their list of competitors at the General Technical Briefing.
- 1.5 Each country participating in the respective taekwondo events must bring with them the following number of International Technical Official (ITO):
- 1.5.1 2 international WTF judges
- 1.6 If the country is only sending 4 or less competitors, the country will only be required to bring 1 international WTF judge.

## 2 COMPETITION REGULATIONS

### 2.1 Kyorugi - Duration of Contest

The duration of the contest shall be 3 rounds of 2 minutes each, with 1 minute rest period between rounds. In case of tie score after the completion of the 3rd round, a 4th round of 2 minute will be conducted as the sudden death overtime round, after a 1 minute rest period following the 3rd round. In the event of tie score after the completion of the 4th round, will be decided by the superiority of all refereeing officials. The final decision will be based on the initiative shown during the 4th round.

### 2.2 Kyorugi - Competition Format - with 3 competitors

2.2.1 Phase 1: A round robin league system shall be played in which the competitors shall fight each other in a single group league to decide the ranking of the competitors.

2.2.2 Phase 2: The competitor ranked 1st will advance to the gold medal match. The competitors ranked 2nd & 3rd will fight in a semi-final match with the winner advancing to the gold medal match.

### 2.3 Kyorugi - Competition Format – with 4 or more competitors

2.3.1 The competition of Kyorugi will be an individual competition, with single elimination tournament system applied according to WT Rules as of WT Competition Rules & Interpretation (May 15, 2019).

2.3.2 Care shall be taken to prevent athletes from the same country from competing against each other in the first round.

2.3.3 The host shall have the privilege in choosing his or her opponent in the first round.

2.3.4 Losers of semi-finals shall compete in bronze medal match with only the eventual winner being awarded the bronze medal.

### 2.4 Kyorugi - Weigh-In

2.4.1 Competitors in each category shall weigh-in one day prior to the competition. Date and time to be announced.

2.4.2 During weigh-in, the male contestant shall wear underpants, and the female contestant shall wear underpants and brassiere. However, weigh-in may be conducted in the nude in the case that the contestant wishes to do so.

2.4.3 Competitors who fail to make the weigh-in shall be disqualified.

2.4.4 Latecomers shall also be disqualified.

- 2.4.5 Weigh-in shall be made once, however, 1 more weigh-in is granted within the time limit to the contestant who did not qualify the first time.
- 2.4.6 To minimise disqualifications during official weigh-in, scales, the same as the official ones, shall be provided at the contestants` place of accommodation or at the arena for pre-weigh-in.
- 2.4.7 Scales: 4 will be provided (2 for male, 2 for female).
- 2.5 Poomsae - Competition Format
  - 2.5.1 The competition of Poomsae will be using cut-off system applied according to WT Poomsae Competition Rules & Interpretation (May 14, 2019)
  - 2.5.2 Pattern: Taegeuk 6,7,8, Jang,Koryo, Keumgang, Taeback, Pyongwon, Shipjin
- 2.6 Competition Recording
  - 2.6.1 The contents of competition should be recorded by the competition recorder when competition starts and should be signed by the director of competition recording at the moment competition is closed. And the competition recording is closed when it is carried to the one who is in charge of the competition procedure.
  - 2.6.2 After the closing of competition, the dossier will be copied and distributed if necessary and it will be kept according to the order of competition.
- 2.7 Medical Declaration Form
  - 2.7.1 All members of the participating country are required to have arranged and obtained proper liability, personal accidents and repatriation insurance coverage.
  - 2.7.2 All competitors are required to complete the Medical Declaration Form. This requirement is compulsory.
  - 2.7.3 Any competitor who tries to avoid or refuses to complete the Medical Declaration Form shall be disqualified. If the competitor(s) belong to a team, this team may no longer compete after a member has been disqualified. However, the remaining members may compete in individual events.
- 2.8 Match Attire  
The attire of participants must comply with WT standard.
- 2.9 Equipment
  - 2.9.1 Equipment that have been approved by WT will be used during the games.

- 2.9.2 Participating contestants shall wear WT approved Taekwondo Uniforms (dobok) and WT approved protective equipment, including the head protectors, trunk protectors, shin and forearm guards, gloves (hand protectors), groin guards, and mouth guard.
- 2.9.3 Head protectors and trunk protectors will be provided for the participating contestants, while contestants are required to bring their own groin guard, gloves (hand protectors), shin and forearm guards, and mouth guard for their personal use.
- 2.9.4 All contestants are required to proceed to the inspection desk for officials to check their doboks and protective equipment before entering the competition area. Any contestant wearing unapproved doboks or unapproved protective equipment will not be permitted to compete.

### 3 SUMMARIES OF ENTRIES

| <b>Taekwondo</b>                 | <b>Maximum Number of Participants Per Country</b> |
|----------------------------------|---------------------------------------------------|
| Men Competitor                   | 14                                                |
| Women Competitor                 | 14                                                |
| Team Official*                   | 5                                                 |
| International Technical Official | 2                                                 |

*\*Number of team officials shall not exceed number of competitors.*

*END*